

Reception End of Spring 1 Update

This half term we have been focusing on how we can keep healthy. We thought about how we can keep our bodies healthy by brushing our teeth, washing our hands and bathing/showering. We learnt how easy it is for germs to spread from one surface to another. We had a big focus on healthy foods, the children were great at identifying which foods we should eat lots of and which should be for a treat. We moved on to think about how exercise affects our bodies and why it is important to keep active. The children named lots of different exercises and we had a go at a some too. We finished off the half term by thinking about sleep and how important that is for our bodies to recover and grow. We enjoyed writing our own bedtime stories as a class. We also managed to squeeze in a week on Chinese New Year, the children learned about different tradition, enjoyed eating some Chinese food and did a Dragon Dance around school.

We ended the half term with a fantastic visit from the Dentist!



Next Half Term

Next half term in phonics we will be learning how to read words with adjacent consonants (eg. milk, spot, plain...) and longer words. We will have more tricky words to learn too!

Our topic focus is around growing so we will be planting lots of seeds in our garden and enjoying books about growing too.

Reading

Please continue to access ebooks on ecollins as well as reading the physical book your child brings home. Please record in diary's when your child reads at home. Ideally we would like them to be reading at least 3 times a week at home.

Reminders

- PE continues to be on a Friday after half term so please ensure children come to school in PE kit on a Friday.
- Please check you have ordered milk on cool milk. Milk is free for 4 year olds there is a small charge to pay if they are 5.

